

Do aliens visit us in secret?

By JIM HENDERSON

ARE there alien life-forms circling in the sky above East London and East Anglia?

Many people claim to have regularly seen strange sights in the area and now an Essex-based aliens watchdog is claiming that while we have been tucked up asleep the sky has hosted a variety of bizarre visitors.

Researchers for The East Anglian UFO and Paranormal Research Association (EAUPRA) are currently investigating unexplained sightings in the area over the last five months.

None of the witnesses to the strange sights want to be named for fear of being called cranks.

EAUPRA organiser Sheridan Lane said: "There definitely seems to be an increase in sightings."

In the first incident a young couple were sitting in the bedroom at Becontree Heath at 10.25pm on Saturday June 17 when they saw a bright blue and white egg-shaped ob-

ject fly past.

The astounded pair rushed to the window to double-check and saw the shape for a further five minutes before it vanished in the direction of East London.

20 And another Dagenham couple claim to have seen an orange rugby-ball shape fly past their window as they prepared for bed on June 19. They continued to see the object for a further 15 minutes before it vanished in the direction of Ilford.

Silently

21 And a Woodford woman claims to have seen a bright oblong light in the sky from her lounge window on the night of November 6. She immediately alerted her husband and the pair continued to watch the shape as it flew silently from east to west followed by a red object.

All witnesses have been interviewed by the association's local researchers and a report is currently being compiled.

The organisation has investigated dozens of reported sightings of UFOs in the Southend area where many objects have been seen either entering or emerging from the sea.

22. More alarming still is a report from 1982 of actual communication with an alien life-form in a lonely country lane in Suffolk. A young couple set off at night to drive to Corby. After the pair had travelled two miles along the road a shining object appeared alongside the vehicle travelling parallel with it.

The strange apparition eventually stopped 200 yards away in a field. The pair claim that the car then stopped and the husband got outside to look under the bonnet while his wife stayed inside.

The couple managed to restart their car and arrived at their in-laws' house in Corby at lam — more than three hours late.

After telling their amazing tale to EAUPRA the

Most people's view of aliens is coloured by seeing John Hurt writhing in agony in *Alien* or by such loveable creatures like ET or A.L.F. — but could some intelligent creatures from another planet really be visiting Earth?

couple volunteered to undergo hypnosis to verify the facts.

Under trance more details emerged. Asked to recall her experience the young woman said that when the car stopped she felt an overwhelming feeling of calm.

She then felt herself glide towards the object and enter it. From a position inside, she could see her husband still working on the car two hundred yards away.

She felt herself to be in telepathic contact with an intelligence in the object and later returned to the car.

The organisation says it follows strict procedures eliminate hoaxers.

The East Anglian UFO and Paranormal Research Association meet once a month at Ralzeigh, Essex to discuss these unexplained sightings. They also run a hotline for people to report sightings on 594-4797 or 0268-286079.